

THE FAMILY VISITOR



MARCH 2014, VOLUME 44 NO. 7

OLD SOUTH UNITED METHODIST CHURCH

READING, MASSACHUSETTS

Invitation to Lent

“Lent can be a dangerous time. People come to the church looking for discipline and a new way to live; they come to be challenged – prepared for the heartache and joy of the cross to come. The problem with Lent, however, is a direct outgrowth of this urgency: we contain the season to six weeks of doing good, rather than **building a Lent that becomes a life**. This, very simply, is what Jesus asks his disciples to do at this climax in the Sermon on the Mount. Do not be holy because it is what the world expects of you; rather learn to live holy lives because a closer relationship to the God who sees in secret will be reward enough.” - Maryetta Anschutz in Feasting on the Word Year A



Ash Wednesday Service
March 5th at 7:30pm in the chapel
Service of Ashes and Holy Communion
“Creating Space for God”



Living Simply in Small Groups (continued on Page 5)

Finding Financial Freedom

Wednesdays March 12, 19, and 26 from 7-9pm

Gary Melville from the United Methodist Foundation will be leading the course for personal financial planning, debt reduction, and finding the way to greater financial freedom from a faith perspective. The cost for the course will be \$25 per person or \$40 per couple. This course is open to the wider community. Please do invite friends and neighbors. Pre-registration is necessary by Sunday, March 9th. Contact Rev. Jan if scholarship assistance is needed. (The cost includes a course workbook.)

Voluntary Simplicity

Explore the possibilities for creating a simpler, deeper, and more fulfilling life through an intentional life style. This course was developed by the Earth Institute and offers a wide range of thinking and opportunities for creating the kind of life you have always wanted. This five week course includes sessions on the meaning of simplicity, living more with less, making a living, do you have the time?, and living simply on earth. Three groups will be offered beginning the week of March 10th:

Mondays and Tuesday evenings from 7:30pm to 9pm or

Monday mornings from 10am-11:30am.

This course is designed for discussion with friends, neighbors, and people from the community. Cost for the course book is \$20. Contact Rev. Jan for details.

We're Going Green!

To help us become more earth friendly, we will soon be eliminating our bulk newsletter mailings. This will reduce time, energy, production, and postage costs. The Family Visitor is linked to our website and is always available online by the first of each month. Just go to oldsouthumc.org and click on News & Events!

If you would like the Family Visitor emailed to you directly, please be sure that the church office has your current email address. Send your request to: office@oldsouthumc.org

For those without internet access, copies will always be available on Sunday mornings in the vestry or in the church office during the week. If you're not able to pick up a copy, please call the church office at 781-944-2636. Our homebound members will receive the Family Visitor by First Class mail.

Mardi Gras Breakfast

Sunday, March 2nd at 8:45am in the vestry.
Join in the Mardi Gras festivities and fun!

Children's Ministry Sunday

Join us in worship on Sunday, March 23rd as we celebrate all our children's ministries. Children from church and CCP will lead us in worship, and we will share in a picture slideshow and a celebration of our teachers. An ice cream social will follow the service.

Mug & Muffin

Mug and Muffin will not be meeting this month. Stay tuned for updates.

Book Club

Thursday, March 27, we will meet at 10:00 at the home of Nancy White to discuss "Where Did You Go Bernadette?" a best-seller by Maria Semple. Refreshments and beverages will be served.

Coffee Hour Help for March

Mar. 2 - Care and Oduor

Mar. 9 - Landry, Lockamy, and Moreira

Mar. 16 - Anderson, Spence, and Spinney

Mar. 23 - Brickett, Chisholm, Rothrock,
and Snow

Mar. 30 - Avtges and Faulkner

Parkinson's Support Group

The Parkinson's Support Group meets monthly on the second Wednesday at the Senior Center, 49 Pleasant Street, in Reading from 1:30 – 3:00. The leader is Michelle Caron, RN, MSN, ASLNC, of the Greater Medford VNA. Participants and spouses learn about living with tremors and discuss their current successes and challenges in a safe environment. Participants learn of the many available community support services. Call 781-396-2633 for more information. www.gmvna.com

A Month of Sundays and Ash Wednesday

Mar. 2 - Last Sunday after the Epiphany

Holy Communion and
Special Dixieland Band
Exodus 24:12-18; Psalm 99;
2 Peter 1:16-21; Matthew 17:1-9
"See How We SHINE!"

Mar. 5 - Ash Wednesday

**Orientation for Lent: Living Simply Series
Creating Space for God**
A service of Ashes and Holy Communion
Isaiah 58:1-12; Psalm 51;
Matthew 6:1-6, 16-21

Mar. 9 - Lent 1.0 Living Simply Series

Making Space - Letting Go of Possessions
Girl Scout Sunday - Daylight Savings Time
Genesis 2:15-17; 3:1-7; Psalm 32;
Romans 5:12-19; Matthew 4:1-11

Mar. 16 - Lent 2.0

Living Simply So Others May Simply Live
Mission trip to Overlook Heifer Farm
Genesis 12:1-4a; Psalm 121;
Romans 4:1-5, 13-17; John 3:1-17

Mar. 23 - Lent 3.0 Living Simply Like Children

Children's Ministry Sunday
The Sacrament of Baptism
Exodus 17:1-7; Psalm 95;
Romans 5:1-11; John 4:5-42

Mar. 30 - Lent 4.0 Living Simply: Letting Go of Busy

One Great Hour of Sharing
1 Samuel 16:1-13; Psalm 23;
Ephesians 5:8-14; John 9:1-41

Apr. 6 - Lent 5.0 Living Simply: Letting Go of Busy

The Sacrament of Holy Communion
Ezekiel 37:1-14; Psalm 130;
Romans 8:6-11; John 11:1-45

**Deadline for the April Family Visitor:
March 10**

If possible, please send by e-mail to:
office@oldsouthumc.org Thank you!



*'Tis the gift to be simple,
'Tis the gift to be free,
'Tis the gift to come done where we ought to be,
And when we find ourselves in the place just right,
'Twill be in the valley of love and delight!*

A Shaker Song

There was something about the Amish, Shakers, Quakers, and Benedictine way of life that always enticed me to probe their mysteries of living simply and finding inner peace and joy. Somehow I was always too busy to accept their beckoning for discovery. Little did I realize just how weary and parched I was in body and spirit until stopping for some Sabbatical rest. Ravenous was I, eagerly absorbing everything I could read about my new mentors and yearning for a time to practice what I had been preaching for so many years. Could we really live a life of voluntary simplicity and would we discover the freedom, peace, and joy we were yearning for?

The move itself was a real test, squeezing into 760 square feet of home, downsizing to one car, shedding three quarters of my library, and almost all of my church related resources, never expecting to serve a local church again. God was calling me to a ministry of sustainability and spirituality and the local church did not seem very interested in that conversation.

Once settled we started our practice, removed our watches, subsisted on a small income, continued to tithe, grew organic vegetables, purchased only what was necessary, and spent time making a diverse group of friends in the community and in a faith community.

Holy and wonderful time it was! The simplicity brought rest, renewal, and a deep, deep sense of God's joy. It also led me back into the local church. And surprise, surprise. The local church is just the place yearning for greater simplicity, rest, inner peace, and discovery of God's great joy. But you don't need a new location or a sabbatical leave to practice living simply. The place to start is exactly where you are. Whatever changes you can make, be they small changes or large changes, the call to live more simply is the call to gospel living, the life Jesus calls us to as disciples.

Sometimes I still leave my watch behind, Farmer Dave now grows our vegetables, I still bake bread, and now I savor a mostly simple life in community with you. I thank God for you every day and pray for our Lenten invitation to come and experience the joys that other Christians of all ages have discovered ...the joy of living simply and creating space for God. See you in church and...in one of our Living Simply small groups.

Simple blessings,
Rev. Jan Smith-Rushton

Food Pantry News

It's almost time for spring cleaning and we're collecting cleaning supplies throughout the month of March. Items such as Windex, and Sun & Earth spray cleaner are needed. Also needed, bars of soap: Dove, Dial, and Ivory. Monetary donations can be left in the church office marked "Reading Food Pantry." Thank You!

If you're on Facebook be sure to "Like" the new Reading Food Pantry page at <https://www.facebook.com/ReadingFoodPantry>. We're sharing weekly wish lists, Food Pantry news and photos, and other community information. Please help us spread the word about the Food Pantry's mission and needs by liking and sharing our page! Thank you.





Wanted: Random Acts Of Generosity

Your help is needed! Old South is faced with a significant financial challenge in 2014. Because we want to keep the staff we have and plan for growth, the 2014 church budget includes an income line item of \$30,000 labeled as RANDOM ACTS OF GENEROSITY. This amount is in addition to the committed pledge income included in the budget and is required to satisfy our total projected expenses in 2014. The congregation celebrated a significant achievement in 2013 when Old South was able to close its forecasted income gap in order to pay 100% of its 2013 Mission Shares assessment to the Conference. This was accomplished through a very generous Christmas offering and several random acts of generosity that took place at the end of 2013.

This year we need to rely even more on the extraordinary generosity of the congregation each month if we are to meet our income goals. Random Acts of Generosity totaling about \$2,500 each month are necessary if we are to fulfill our commitments to our staff, the New England and World mission programs, and Ministerial Support for the New England Conference. Please consider adding to your normal pledge contribution and help Old South to meet its financial and missions commitment. One way to do this is to raise your pledge to a full tithing (10% of income) for the 6 weeks of Lent. You can mark your gifts "Random Acts of Generosity."

Finance Committee

Christian Cooperative Preschool

In February, we had lots of fun learning about being good friends. We exchanged lovely Valentine's and enjoyed decorating delicious cookies. Thank you to so many of the CCP families who contributed to a wonderful staff appreciation lunch. We truly enjoyed the break and the treat of delicious homemade soups, fresh breads, fruit, and cookies. Thank You!

Coming in March . . . Pastor Carol will come to visit a couple times this month for music with all the CCP children. We all enjoy our time with Pastor Carol. Thank you Carol for sharing your gift of music with us!

This month we are excited to have Ellen Goethel and her 'Explore the Ocean World' program come to CCP. She will bring water tables full of ocean water and plenty of live ocean creatures for the children to learn about and touch. Even the babies will have the opportunity to participate in this wonderful hands on activity.

Enrollment is happening now at CCP! In its perpetual mission to accommodate the changing needs of its families, CCP realizes that not all parents are able to fulfill the cooperative commitment to the program—whether due to employment obligations, the need to care for a family member during CCP time, or just the need for time for oneself. For these reasons, some families have enrolled their child(ren) elsewhere, even though they would have preferred the far lower student-to-teacher ratio and family-style, individualized teaching approach that CCP's low ratio and experienced, loving staff afford. While not wanting to abandon the cooperative premise on which the program was founded and which makes CCP truly unique, we will continue to be a cooperative program, but for the first time, CCP will begin offering an 'opt-out' tuition rate (which will be slightly higher than the standard co-op rate, in order to cover paid versus volunteer classroom aides) to those parents who are unable to spend one or two mornings a month at CCP.

To learn more about Christian Cooperative Preschool and its co-op and 'opt-out' options, call CCP Director Gina Azulay at 781-944-0612.



Practicing Radical Hospitality

Archbishop William Temple is often quoted as saying, "The church is the only organization on earth that exists for those who are not its members." Mark Monson Alley, pastor of St. John's UMC in Dover, New Hampshire wrote this to his congregation in their weekly email news, "We seem to have had a number of folks visiting our worship services lately. Some of them have spoken about how warmly they have been welcomed.

Here are a couple of suggestions for greeting folks: be sure to tell them your name, and ask for theirs – repeat it to them, to make sure you heard it correctly (they'll appreciate your efforts to get it correct); invite them to join you for coffee fellowship; introduce them to at least one other person nearby – to increase their familiarity with us; when you part, tell them you'll look for them next Sunday, and offer to sit with them when they come. I know some of these suggestions are real challenges for some of us to do – they are even sacrificial for some – but isn't that the example Christ gave for us?" That's food for thought for us at Old South – thanks to Joan Spence for sharing the good news from New Hampshire.



Living Simply in Small Groups *(continued from front page)*

Contemplative Spirituality Group

One of our Lenten groups for living simply, the Contemplative Spirituality group will meet Tuesdays from 7-7:30 in the chapel for a short worship experience utilizing contemplative prayer techniques and Taize music to create space for God and quiet in the middle of the week. This group will only meet if we have enough sign-ups, so please contact Rev. Carol if you are interested, even if you can't commit to coming every week.



Fresh Air - Deepening Your Prayer Life

Saturday, March 29th from 9am to noon

Take a breath in the midst of a hectic life with this three hour gift to yourself! Experience and learn about breath prayers, daily prayer, prayer groups, and personal and corporate prayer and find rest for your soul. The Rev. Cynthia Good is the retreat leader. Cost for the mini-retreat is \$10.

Other Lenten Practices

Practice the Tithe for Lent

Try putting God first in your life this Lent (for six weeks) by setting aside ten percent of your income before paying the bills or other expenses and see what happens! There will be plenty of suggestions and support sprinkled through the Living Simply series that will help you discover ways to put this freeing discipline into practice.

For starters during Lent you might try:

- refrain from buying anything new,
- save restaurant/take out expense by preparing meals at home
- skip desserts, snack food, or pricey beverages including alcohol
- try meatless Mondays or go vegetarian completely
- celebrate game night at home instead of expensive entertainment
- spend a weekend relaxing instead of ski trip away



Sign up to participate in the Ecumenical Lenten Carbon Fast at:

www.macucc.org/carbonfast

"The Lenten disciples of repentance, fasting, prayer, study and works of love are guides for returning to the steadfast love of God. During Lent we confess our mortality, our limits, and our vulnerability so that we might be transformed and become the new life God calls us to be." Join people of faith in this Lenten practice. Beginning Ash Wednesday (March 5) and throughout Lent, participants will receive a daily email with the day's suggested carbon-reducing activity. Each email will also have a weekly focus for the congregation. Testimonials from past participants: "One of the smartest things I've done in my 85 years..." "My electric bill dropped \$75 monthly on average." "Gets us away from that guilty feeling – inspiring rather than overwhelming...small wins – that's what the carbon fast is all about."



Earth Hour – Saturday, March 29th from 8:30—9:30pm.

Join the world's largest celebration for our planet. Hundreds of millions of people around the world turn off their lights for one hour to show their commitment to helping something we all have in common- the planet. This earth action focuses attention on the importance of sustainability for all of God's people in reducing carbon emissions. Rome's Coliseum, Paris' Eiffel Tower, the Space Needle, Golden Gate Bridge, the Empire State Building, and cities across the globe go dark for Earth Hour. Sign up to receive a reminder to turn off your lights at: www.worldwildlife.org/pages/earth-hour

Daily Practices for Living Simply

Simplify your life one day at a time through our Lenten calendar of Daily Practices for Living Simply. A printed version of the calendar is included in this newsletter for your use, or you can sign up to have the daily practice emailed to you for the entire season of Lent. Visit the church website to sign up for the email list.

Lenten Actions:

Ash Wednesday be ready to write on disappearing paper all that keeps you from finding space for God in your life.

March 9th come prepared to offer up possessions that you are ready to let go of. Clothes and other items will be donated to Lazarus House in Lawrence and Mission of Deeds in Reading.

March 16th bring nonperishable food that will be used to form a prayer labyrinth that will be later shared with the Reading Food Pantry.

March 23rd balloons will lift your best intentions to unplug from technology and free you to delight and play like a child.

March 30th come ready to let go of anxiety and concerns that get in the way of experiencing spiritual freedom and joy.

April 6th claim space on the calendar for some Sabbath time with God.

Girl Scout Troop 71288's service project collection

The 5th grade Girl Scout troop from Alice M. Barrows elementary school in Reading will be traveling to a family homeless shelter in Somerville to run some fun activities with the children. The girls are collecting child friendly donations to share with children living in the shelter and would like our help. Children's toothbrushes, blankets, diapers, coloring books, and other useful items can be dropped off at the donation box in the vestry during March. The girls are learning organization and leadership skills as well as actively participating in a very important outreach to families needing shelter.



Music Ministry

Hello everyone!

We are planning great music for March, supporting our journey through Lent and Living Simply. Each Sunday in Lent, come to worship 10 minutes early to begin our services by singing a simple Taize-style prayer.

Some of our choral anthem choices for the season are: "In This Very Room," "Many Gifts, One Spirit" and "Create in Me a Clean Heart, O God" among other choices. We have a communion setting suggested by Marcia McFee that we may use.

Handbells will be ringing in March and again on Easter. The Old South Brass and Organ are looking busy planning our next event, we'll keep you posted!

We are busy planning Palm Sunday and Easter - if you are interested in being a part of our musical offerings, please contact Susan.



Rehearsal times:

CHANCEL CHOIR:

Rehearsals on Thursdays at 7:00PM

Sundays at 9:00am (8:30AM for those who missed Thursday)

March 23 is Children's Sunday. The Chancel Choir will be adding to the lovely congregational song from the pews.

HAND BELL CHOIR: Rehearsals every Tuesday in the sanctuary at 9:15 AM

OLD SOUTH BRASS: Rehearsals every Wednesday in the sanctuary at 7:30PM

CHERUB CHOIR: Rehearsals every Sunday in the parlor with Marcy Nelson at 11:00AM

**REMEMBER TO CHECK THE CHURCH WEBSITE AND CALENDAR
FOR UPDATES AND ANNOUNCEMENTS.**

Opportunities for Nurturing the Body, Mind, and Spirit

Yoga - Gentle Yoga meets Monday nights at 6:00 in the Choir Room with Linda Preston. Each class is \$8.00 and payable to Linda. Newcomers and walk-ins are always welcome.

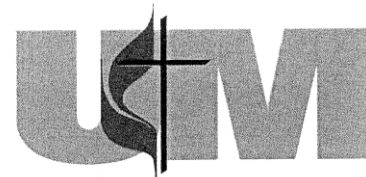
TOPS - "Take Off Pounds Sensibly" meets in the Youth Room on Wednesdays at 5:30pm.

Julia Circle - Mar. 24, Angelica's in Middleton at 6:00 p.m.

Dorcas Circle - Mar. 18 in the parlor at 10 a.m.

Book Club - Thurs. Mar. 27 at 10 a.m.
at Nancy White's

Men's Breakfast - Mar. 23 in the vestry at 8 a.m.



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Farmer Dave Goes to the Republic of Georgia



In mid January we seeded the first of the greenhouse tomatoes, cucumbers, lettuce, greens, and herbs. By the first of March the seedlings were ready. After these first seedlings, I entrusted their care to the farm team and hopped on a plane to Tbilisi Georgia.

This is my sixth trip to the Republic of Georgia in the past three years. At the moment I am in Zugdidi Georgia, about 150 miles

south east of Sochi and the Winter Olympics (though there are mountains and troubled borders between us).



I am here fostering the development of local agriculture. After the collapse of the Soviet Union, Georgia's new independence and the reorganization of its society after 75 years of communism Georgia now has an unemployment rate of more than 30% and imports a lot of its food, especially in the winter. Many of those food imports could be produced viably locally. Georgia must now build its economy literally from the ground up- starting with agriculture. There is little reason that it should be importing so much of its food and sending so much of its little wealth to other countries for food when it has the ability to put people to work and grow more than enough food for its own consumption. Mountains and borders complicate a lot of the foreign trade here, yet the domestic market has yet to be met. If you want more in depth information feel free to read my 2011 USAID report at http://pdf.usaid.gov/pdf_docs/pnadz489.pdf.

This is my work in Georgia, similar to my work in New England. The local economy can be built on a strong foundation through agriculture. This will lower the unemployment rate and reduce the importation of food that can be grown locally. My focus is greenhouse vegetable production, something in which the Farmer Dave's team is now well versed and the reason that our CSA now provides fresh healthy food most of the year.

We often hear about keeping our food dollar local and that we should think globally and act locally. Membership in Farmer Dave's does all of that and more. The daily food we choose to eat greatly affects our world as we spend a large portion of our incomes on food. Thank you for choosing Farmer Dave's. Your support is having a great local effect as well as a global effect.

Growing our world greener,

Farmer Dave

Just a reminder – the Spring Share begins on Monday, March 3rd at Old South from 3-6:30pm in the vestry. Spring shares are very limited and fill up fast so check with Farmer Dave's if you would like to receive fresh greens for spring.

Educational Ministry

Bible Study - Watch for special program details.

Nursery Care - Nursery Coordinator: Amanda Roland and volunteers
Provided on Sunday mornings for infants to age 3 in Room 103 of the Educational Wing from 8:45 through the 10:00 worship service.

Sunday School - Meets on Sunday mornings at 9:00. For age 3 through senior high.

Sunday School Staff

Pre-K: Charlotte Harlan, Kristina Smith, Karen Roscoe, and Lauren Hubbard
Elementary: Holly Stanieich, Jody Donahue, and Paula Perry
Middlers: Jennifer Brickett and Dianne Meyers
High School: Jim Roscoe and Chris Krebs
Parenting Group: rotating leaders

WOW – Worship Our Way for children 4 years to grade 4 meets following the children’s message.

Christian Cooperative Preschool - Infants to pre-K. Meets weekdays 9am-12pm.

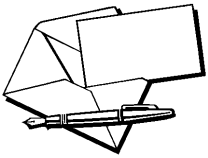
Director: Gina Azulay	3 year olds: Eileen McTaggart
Infants: Jessica Aiello	4 year olds: Cindy Petrucci
2 year olds: Donna Bramhall	



A Letter from District Superintendent, Rev. Rene Perez

Dear Janet,

Thank you for the invitation to be with you at the “Super Goal Party.” (What a great name!) I am sorry that I cannot be there with you but I hope you have an amazing time, even without me.



Please let the people of Old South know that I truly regret not being able to be there; but most of all, tell them that I was really happy to hear that you had a successful stewardship campaign and that you were able to give 100% towards your mission shares. I know this wasn’t an easy goal, but I can assure you that it was a worthy goal and mission. I know that through the generosity of the people of Old South, many lives will be changed and touched. Although it isn’t always evident to many of us, people all over the world are blessed when we as UM are generous. Children are fed. The sick are healed. The homeless are given hope. And someone somewhere meets Christ for the first time. All because of churches like Old South giving 100% towards their Mission Shares.

My wishes and prayers are that as you enter this new year, God will continue to bless your generosity and commitment toward our common mission of Making Disciples of Jesus Christ. We are given to give, and are blessed to be a blessing.

Because of Jesus,
Rene

A special thanks goes to Bishop Devadhar and Assistant to the Bishop, Rev. Erica Robinson-Johnson, for joining us in worship to celebrate our Super Goal on Feb. 2.

Our Church Family

Thank You

Dear Old South Members and Friends,

We appreciate your generous year-end gifts. Thank you so much for your thoughtfulness!

Susan, Carol, Nancy, Victor, and Amanda

Thank you to the SPR committee and all who donated toward the staff appreciation gifts. We feel so appreciated and grateful for your generosity!

– Pastor Carol

Dear Staff Parish Relations Committee and Members and Friends of Old South UMC,

Thank you so much for your gift of encouragement and love. It is a joy to serve God with you in mission and ministry here. I thank God for your generosity of Spirit!

Deep Blessings,
Jan Smith-Rushton

To Old South's Church Family,

So pleased to be part of the Old South Church Family and receive a delicious cookie star. A visit, a homemade cookie, one cannot but feel delighted and thankful to God and to you all for remembering me.

Love,
Nathalie Nordstrand

Prayer Chain

Old South Prayer Chain members are available to pray for situations or problems that occur at times other than Sunday morning and Wednesday evenings. Members are: Lois Tulikangas (781)944-9316; Shirley Buzderewicz (781)944-3577; Nancy White (781)944-6269; Nathalie Nordstrand (791)944-4252; Liz Barnes (781)944-6907; June Meserve (781)944-9416; Grace Palmer (781)944-4069; Tina Waldroup (781)246-1054; Jody Donahue (781)944-0819; and Nancy Anderson (339) 927-1651.

To reach us by email...

Rev. Jan Smith-Rushton
Pastor@oldsouthumc.org

Rev. Carol Van Buskirk
PastorCarol@oldsouthumc.org

Susan Holloway
MusicDirector@oldsouthumc.org

Carol Rogerson
Office@oldsouthumc.org



HOSPITAL *List*

Because we care...

If you are hospitalized, please let the church office or one of the pastors know. Also, please list Old South United Methodist Church as your church upon admission.

If you know of someone else in our church family who is in the hospital, please let us know. Contact the church office at 781-944-2636 or office@oldsouthumc.org.



Cherubs singing with the Chancel Choir



Super Goal Party

March 2014

SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
<p>Every Sunday 8:30AM - Chancel Choir Rehearsal 9AM - Sunday School 10AM - Worship 11AM - Cherub Choir Rehearsal 11AM - Coffee Hour</p>			<p>Christian Cooperative Preschool Monday-Friday 9 AM - 12 PM</p>			<p>1 Confirmation Retreat 9:30 AM Dixieland Rehearsal</p>
<p>2 8:45 AM Mardi Gras Breakfast 10:00 AM Dixieland Band and Procession</p>	<p>3 6:00 PM Yoga 7:00 PM Food Pantry 7:30 PM Outreach</p>	<p>4 9:15 AM Bell Choir Rehearsal</p>	<p>5 Ash Wednesday 7:30 PM Ash Wednesday Service 7:30 PM Brass Rehearsal</p>	<p>6 10:00 AM Fresh Bread 6:00 PM Music Committee 7:00 PM Chancel Choir</p>	<p>7 10:30 AM Food Pantry</p>	<p>8</p>
<p>9 Girl Scout Sunday Living Simply Making Space - Letting Go of Possessions</p>	<p>10 10:00 AM Vol. Simp. 6:00 PM Yoga 7:00 PM Food Pantry 7:30 PM Vol. Simp.</p>	<p>11 9:15 AM Bell Choir Rehearsal 7:00 PM Cont. Spirit. 7:30 PM Vol. Simp.</p>	<p>12 7:00 PM Financial Freedom 7:30 PM Brass Rehearsal</p>	<p>13 10:00 AM Fresh Bread 7:00 PM Chancel Choir</p>	<p>14 10:30 AM Food Pantry</p>	<p>15 Heifer Farm Weekend</p>
<p>16 Heifer Farm Weekend Living Simply So Others May Simply Live Preacher today - Rev. Michael Shirley from Heifer International</p>	<p>17 10:00 AM Vol. Simp. 6:00 PM Yoga 7:00 PM Food Pantry 7:30 PM Vol. Simp.</p>	<p>18 9:15 AM Bell Choir Rehearsal 10:00 AM Dorcas Circle 7:00 PM Cont. Spirit. 7:30 PM Church Council</p>	<p>19 7:00 PM Financial Freedom 7:30 PM Brass Rehearsal</p>	<p>20 10:00 AM Fresh Bread 7:00 PM Chancel Choir</p>	<p>21 10:30 AM Food Pantry</p>	<p>22 6:00 PM Eagle Scout Court of Honor</p>
<p>23 Children's Ministry Sunday 8:00 AM Men's Breakfast Living Simply Like Children</p>	<p>24 10:00 AM Vol. Simp. 6:00 PM Yoga 7:00 PM Food Pantry 7:30 PM Vol. Simp.</p>	<p>25 9:15 AM Bell Choir Rehearsal 7:00 PM Cont. Spirit. 7:30 PM Finance Committee 7:30 PM Vol. Simp.</p>	<p>26 7:00 PM Financial Freedom 7:30 PM Brass Rehearsal</p>	<p>27 10:00 AM Book Club 7:00 PM Chancel Choir</p>	<p>28 10:30 AM Food Pantry</p>	<p>29 9-12:00 Fresh Air Mini-Retreat 8:30-9:30 PM Earth Hour Lights Out</p>
<p>30 One Great Hour of Sharing Living Simply Letting Go of Busy</p>	<p>31 10:00 AM Vol. Simp. 6:00 PM Yoga 7:00 PM Food Pantry 7:30 PM Vol. Simp.</p>					

The Old South United Methodist Church is a supportive, accepting, and loving community of believers inspired by the message of Christ to worship God, to grow spiritually, to nurture one another in faith and to serve others at home and abroad.

THE FAMILY VISITOR

Published regularly for the members and friends of Old South United Methodist Church. The purpose is to inform the congregation of upcoming meetings, events, and activities, and to proclaim the works of God in our midst.

Old South United Methodist Church is in connection and in mission with other United Methodist Churches in the United States and around the world. We are part of the New England Annual Conference.

Bishop Sudarshana Devadhar

District Superintendent: Rev. Rene A. Perez
Church Office Hours: Mon.-Fri. 9:00 a.m. - 2:00 p.m.
Phone: 781-944-2636 FAX: 781-944-8858

E-Mail: office@oldsouthumc.org Website: www.oldsouthumc.org

Sr. Pastor: Rev. Janet E. Smith-Rushton
Minister of Spiritual Formation: Rev. Carol Van Buskirk
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